



معهد دسمان للسكري
Dasman Diabetes Institute



أحد مراكز
Center

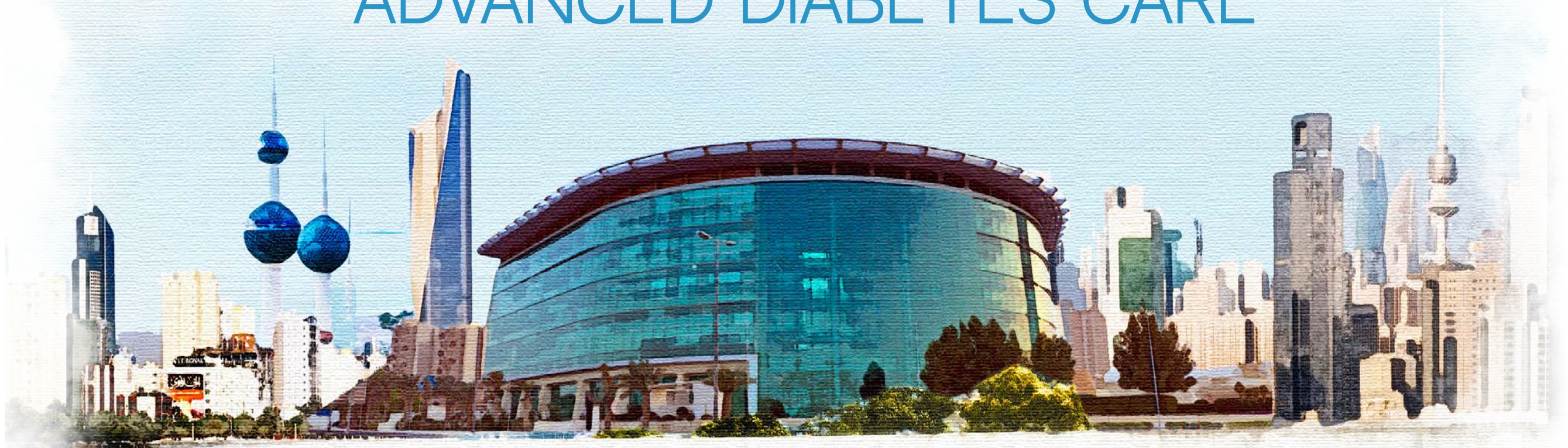
مؤسسة الكويت للتقدم العلمي
Kuwait Foundation for the Advancement of Sciences

UNDER THE PATRONAGE OF H.E., THE MINISTER OF HEALTH
DR. AHMAD ABDULWAHAB AL-AWADHI



IDDS²⁰₂₆

2nd INTERNATIONAL DASMAN DIABETES SUMMIT ADVANCED DIABETES CARE



CONFERENCE CHAIRPERSON:
DR. FAISAL HAMED AL-REFAEI

JANUARY
8-10 2026



WALDORF
ASTORIA HOTEL

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PRE-SUMMIT WORKSHOPS
AND SYMPOSIUM

DATE: THURSDAY, JANUARY 8, 2026

TIME	WORKSHOP 1	WORKSHOP 2	WORKSHOP 3
9:00 – 12:00	SCIENTIFIC WRITING & CLINICAL TRIALS LED BY: PROF. FAHD AL-MULLA, DR. MARTA KOCH, PROF. MUHAMMAD ABDUL-GHANI, DR. MOHAMED ABU-FARHA	DAFNE (DOSE ADJUSTMENT FOR NORMAL EATING) LED BY: MS. JUMANA ALKANDARI	DIABETES TECHNOLOGY 09:00-10:30 SESSION 1: UTILIZING CGM METRICS FOR OPTIMIZATION IN T2 DIABETES: DATA-DRIVEN ADJUSTMENTS LED BY ABBOTT CO.
			10:30-10:45 BREAK
			10:45 – 12:00 SESSION 2: MINIMED™ 780G INSULIN PUMP & CGM – HANDS-ON LED BY MEDTRONIC
12:00 – 1:00	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
TIME	SYMPOSIUM	WORKSHOP 4	WORKSHOP 5
13:00 – 16:00	DIABETES PATHOPHYSIOLOGY SYMPOSIUM LED BY: PROF. FAHD AL-MULLA PROF. SHINGO KAJIMURA, DR. JEHAD ABUBAKER, PROF. JERRY COLCA, DR. ESSAM M. ABDELALIM, DR. MOHAMED ABU-FARHA, DR. FAWAZ ALZAID	DIABETIC FOOT MANAGEMENT – PRACTICAL APPROACHES AND CASE STUDIES LED BY: PROF. ANDREW BOULTON, PROF. LORETTA VILEIKYTE, PROF. ROBERT FRYKBERG	LIVER HEALTH AND DIABETES. UPDATE ON ADVANCED MAFLD SCAN TECHNOLOGY HANDS ON FIBROSCAN TRAINING. LED BY: DR. MOHAMED SHEHAB, DR. DALAL ALHAQQAN

NOTE: DETAILED WORKSHOP AGENDA ARE GIVEN BELOW



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WORKSHOP 1 – SCIENTIFIC WRITING & CLINICAL TRIALS

DATE: THURSDAY, JANUARY 8, 2026

TIME: 09:00 – 12:00

HALL: ONE

LEADS: PROF. FAHD AL-MULLA, DR. MARTA KOCH, PROF. MUHAMMAD ABDUL-GHANI, DR. MOHAMED ABU-FARHA

TIME	SESSIONS/ TOPICS	LED BY
09:00–09:15	OPENING REMARKS: IMPORTANCE OF GRANT PROPOSALS AND SCIENTIFIC WRITING	PROF. FAHD AL-MULLA
09:15–09:30	PART 1 : WRITING MANUSCRIPTS: EDITOR'S PERSPECTIVE	DR. MARTA KOCH
09:30–10:00	PART 2 : WRITING A WINNING GRANT PROPOSAL	DR. MOHAMED ABU-FARHA
10:00–10:20	BREAK	
10:20–11:20	PART 3 : CLINICAL TRIAL DESIGN (ESSENTIALS + PITFALLS)	PROF. MUHAMMAD ABDUL GHANI
11:20–12:00	MODERATED Q&A / OPEN DISCUSSION	PROF. FAHD AL-MULLA

WORKSHOP 2 – DAFNE (DOSE ADJUSTMENT FOR NORMAL EATING)

DATE: THURSDAY, JANUARY 8, 2026

TIME: 09:00 – 12:00

HALL: TWO

LEADS: MS. JUMANA ALKANDARI

TIME	SESSIONS/ TOPICS	LED BY
09:00–10:30	SESSION 1: FOUNDATIONS (CARBS → INSULIN MATH → SAFETY) <ul style="list-style-type: none"> DA(F)NE PRINCIPLES: FLEXIBLE EATING WITH BASAL-B[•]OLUS. ACCURATE CARB COUNTING (LABELS, TRADITIONAL DISHES, EATING OUT). INSULIN MATH: ICR (CARB RATIO), ISF (CORRECTION FACTOR), TARGET RANGE, PRE-BOLUS TIMING, INSULIN ON BOARD. CGM BASICS: USING TREND ARROWS TO NUDGE DOSES SAFELY. 	MS. JUMANA ALKANDARI
10:30–10:45	BREAK	
10:45–12:00	SESSION 2: ADVANCED ADJUSTMENTS & REAL LIFE <ul style="list-style-type: none"> MIXED MEALS: FAT/PROTEIN EFFECTS; SPLIT/EXTENDED BOLUS (PUMPS) OR SPLIT DOSES (PENS). GLYCEMIC INDEX, FIBER, LATE POST-MEAL SPIKES, DAWN PHENOMENON; QUICK BASAL TEST PROTOCOL. ACTIVITY & EXERCISE DOSING; HYPO PREVENTION AND TREATMENT PLAN. SICK-DAY RULES: KETONE CHECKS, WHEN TO SEEK HELP. CONTEXTS IN KUWAIT: RAMADAN (SUHOOR/IFTAR STRATEGIES), TRAVEL/ TIME ZONES, STEROIDS. 	MS. JUMANA ALKANDARI

WORKSHOP 3 – DIABETES TECHNOLOGY

DATE: THURSDAY, JANUARY 8, 2026

TIME: 09:00 – 12:00

HALL: THREE

AUDIENCE: CLINICIANS & EDUCATORS

TIME	SESSIONS/ TOPICS	LED BY
09:00–10:30	SESSION 1: UTILIZING CGM METRICS FOR OPTIMIZATION IN T2 DIABETES: DATA-DRIVEN ADJUSTMENTS	DR. MOHAMMED EIDA AL-SOFIANI ABBOTT CO
10:30–10:45	BREAK	
10:45–12:00	SESSION 2: MINIMED™ 780G INSULIN PUMP & CGM – HANDS-ON <ul style="list-style-type: none"> ● SYSTEM OVERVIEW (PUMP + CGM, SAFETY) ● HANDS-ON STATIONS (PAIRING, PRIME, SMARTGUARD SIM, SENSOR START, TROUBLESHOOTING, DATA REVIEW) ● CASE WALK-THROUGHS (MISSED BOLUS, SITE ISSUES, SICK DAY) ● Q&A + SKILLS CHECK 	MS. LUJAIN AHMAD MEDTRONIC CO

DIABETES PATHOPHYSIOLOGY SYMPOSIUM

DATE: THURSDAY, JANUARY 8, 2026

TIME: 01:00 PM– 4:00 PM

HALL: ONE

LEADS: PROF. FAHD AL-MULLA, PROF. SHINGO KAJIMURA, DR. JEHAD ABUBAKER, PROF. JERRY COLCA, DR. ESSAM M. ABDELALIM, DR. MOHAMED ABU-FARHA
MODERATOR: PROF. FAHD AL-MULLA, DR. MOHAMED ABU-FARHA

TIME	SPEAKER	TOPIC
13:00 – 13:10 PM	PROF. FAHD AL-MULLA	DIABETES PATHOPHYSIOLOGY: GENETIC DETERMINANTS OF GLP-1 RESPONSE
13:10 – 13:40 PM	DR. FAWAZ ALZAID	DIGITAL AND IMMUNOLOGICAL TOOLS FOR RISK PROFILING IN DIABETES
13:40 – 14:10 PM	PROF. SHINGO KAJIMURA	FUTILE CYCLES IN ENERGY DISSIPATION: IMPLICATIONS FOR DIABETES & OBESITY
14:10 – 14:30 PM	COFFEE BREAK: NETWORKING & INFORMAL DISCUSSIONS	
14:30 – 15:00 PM	PROF. JERRY COLCA	NOVEL INSULIN SENSITIZERS: NEXT-GENERATION THERAPEUTICS FOR DIABETES
15:00 – 15:30 PM	DR. JEHAD ABU BAKER	THE SLEEPING GIANT AWAKES: OBSTRUCTIVE SLEEP APNEA AND ITS HIDDEN IMPACT ON DIABETES
15:30 – 16:00 PM	DR. ESSAM ABDELALIM	MODELLING MONOGENIC DIABETES USING PLURIPOTENT STEM CELL-DERIVED ISLETS
16:00 PM	PROF. FAHD AL-MULLA	CLOSING REMARKS & THANKS



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WORKSHOP 5 – DIABETIC FOOT MANAGEMENT: PRACTICAL APPROACHES

DATE: THURSDAY, JANUARY 8, 2026

TIME: 01:00 PM– 4:00 PM

HALL: TWO

LEADS: PROF. ANDREW BOULTON, PROF. LORETTA VILEIKYTE, PROF. ROBERT FRYKBERG

FOCUS: SCREENING • WOUND CARE • OFFLOADING • INTERVENTIONS • PREVENTION

TIME	SESSIONS/ TOPICS	LED BY
13:00– 14:20	PART 1: INTRODUCTION AND REST CASE DISCUSSION	PROF. ANDREW BOULTON, PROF. ROBERT FRYKBERG
14:20– 14:40	BREAK	
14:40– 15:00	PART 2: MIND THE FOOT. PSYCHOLOGY OF ULCER PREVENTION AND HEALING	PROF. LORETTA VILEIKYTE
15:00– 16:00	PART 3: HANDS-ON CLINICAL SESSION WITH PATIENTS/CASE STATIONS	PROF. ANDREW BOULTON, PROF. LORETTA VILEIKYTE, PROF. ROBERT FRYKBERG

WORKSHOP 6 – LIVER HEALTH & DIABETES (MAFLD/MASLD)

DATE: THURSDAY, JANUARY 8, 2026

TIME: 01:00 PM– 4:00 PM

HALL: THREE

LEADS: DR. MOHAMED SHEHAB, DR. DALAL ALHAQQAN

TIME	SESSIONS/ TOPICS	LED BY
13:00– 14:30	SESSION 1: EPIDEMIOLOGY & TECH UPDATE <ul style="list-style-type: none">● GLOBAL & MIDDLE EAST PREVALENCE/BURDEN OF NAFLD/MASLD; LINKS TO T2D/CVD (ZOB AIR).● MAFLD SCAN TECH UPDATE: VCTE/CAP FUNDAMENTALS, M VS XL PROBE SELECTION, COMMON PITFALLS, QC METRICS (≥ 10 SHOTS, SUCCESS $\geq 60\%$, IQR/MEDIAN $\leq 30\%$).● CLINIC TRIAGE PATHWAY: FIB-4 FIRST → FIBROSCAN SECOND → RULE-IN/OUT THRESHOLDS; REFERRAL TRIGGERS.● MINI-DEMO: INTERPRET 3 ANONYMIZED CAP/LSM READOUTS.	DR. MOHAMED SHEHAB, DR. DALAL ALHAQQAN
14:30– 14:45	BREAK	
14:45 –16:00	SESSION 2: HANDS-ON FIBROSCAN & CARE PATHWAYS <ul style="list-style-type: none">● HANDS-ON STATIONS: POSITIONING, PROBE CHOICE, ACQUIRING VALID TRACES; LIVE CAP/LSM INTERPRETATION.● Q&A - CASE PANEL (ALL FACULTY).	DR. MOHAMED SHEHAB, DR. DALAL ALHAQQAN

CONFERENCE PROGRAM

DAY 1 – FRIDAY, JANUARY 9, 2026

TIME	SPEAKER	PROGRAM DETAILS
12:30 – 13:00	REGISTRATION	
13:00 – 13:30	GRAND OPENING CEREMONY	
SESSION 1: SPOTLIGHT ON DIABETIC FOOT MANAGEMENT AND INNOVATIVE TREATMENTS MODERATORS: PROF. FAHD AL MULLA, DR. ABDULLAH BENNAKHI		
13:30 – 14:00	PROF. ANDREW BOULTON	THE DIABETIC FOOT IN 2026: PATHOPHYSIOLOGY, PREVENTION, AND EVIDENCE-BASED MANAGEMENT - FROM NEUROPATHY TO NOVEL THERAPIES
14:00 – 14:30	PROF. ROBERT FRYKBERG	REVOLUTIONIZING DIABETIC FOOT ULCER CARE WITH EVIDENCE-BASED INNOVATIONS: TOPICAL OXYGEN AND BEYOND
14:30 – 15:00	PROF. RAYAZ MALIK	DIABETES AND NERVE DAMAGE: CAN WE IMPROVE DIAGNOSIS AND TREATMENT?
15:00 – 15:20	Q&A SESSION	
15:20 – 15:40	COFFEE BREAK	
SESSION 2: ADVANCED DIABETES CARE HIGHLIGHTS MODERATORS: DR. WALEED ALDHAHI		
15:40 – 16:10	PROF. PETER SCHWARZ	THE GLOBAL BURDEN OF DIABETES
16:10 – 16:40	PROF. JENS JUUL HOLST	THE INTRICATE DANCE OF INCRETINS IN THE GUT-BRAIN-PANCREAS AXIS: A NEW PARADIGM IN METABOLIC REGULATION
16:40 – 17:10	PROF. RALPH DEFRONZO	THE ADRENAL DIMENSION OF UNCONTROLLED DIABETES
17:10 – 17:30	COFFEE BREAK	

CONFERENCE PROGRAM

DAY 1 – FRIDAY, JANUARY 9, 2026

TIME	SPEAKER	PROGRAM DETAILS
SESSION 3: DIABETES PREVENTION		
MODERATORS: DR. FAHAD ALAJMI & DR. AMMIRA AKIL		
17:30 – 18:00	PROF. MUHAMMAD ABDUL-GHANI	PRE-PRE DIABETES: CAN WE PREVENT DIABETES BEFORE IT STARTS?
SESSION 4: THE EVOLVING LANDSCAPE OF DIABETES MANAGEMENT: GLOBAL TRENDS AND REGIONAL CHALLENGES A HIGH-LEVEL OPEN FORUM FEATURING THE PRESIDENT OF THE INTERNATIONAL DIABETES FEDERATION AND REGIONAL DIABETES LEADERS, DISCUSSING GLOBAL TRENDS IN DIABETES MANAGEMENT, EMERGING THERAPIES, AND KEY REGIONAL CHALLENGES SHAPING THE FUTURE OF DIABETES CARE. MODERATORS: PROF. FAHD AL-MULLA, DR. MUNEERA ALAROUJ AND DR. ABDULLAH BENNAKHI		
18:00– 18:40	IDF PRESIDENT, PROF. PETER SCHWARZ AND PRESIDENTS OF REGIONAL DIABETES SOCIETIES.	
SESSION 5: INDUSTRY SYMPOSIUM – LILLY CO		
MODERATOR: DR. WALEED ALDHAHI		
18:40 – 18:50	DR. WALEED ALDHAHI	INTRODUCTION
18:50 – 19:10	PROF. RAYAZ MALIK	WHAT WE LEARNT FROM TIRZEPATIDE’S LONG-TERM STUDY?
19:10 ONWARDS	DINNER & NETWORKING	

CONFERENCE PROGRAM

DAY 2 – SATURDAY, JANUARY 10, 2026

TIME	SPEAKER	PROGRAM DETAILS
SESSION 1: LIVING WITH DIABETES MODERATOR: DR. EBAA ALOZAIRI		
9:30 – 9:55	DR. ABDULRAZZAQ AL MADANI	SEXUAL DYSFUNCTION IN DIABETES: ADDRESSING SYSTEMIC COMPLICATIONS
9:55 – 10:20	DR. NOOR AL-BUSAIDI	LIFESTYLE INTERVENTIONS FOR DIABETES: EVIDENCE-BASED PRESCRIPTIONS FOR PRACTICE
10:20 – 10:45	PROF. DALAL ALROMAIHI	HYPERGLYCEMIA IN PREGNANCY: OPTIMIZING MATERNAL AND FETAL OUTCOMES
10:45 – 11:05	BREAK	
SESSION 2: INTELLIGENT MEDICINE: FROM HYPE TO HEALING MODERATORS: DR. MOHAMMAD ABUFARHA		
11:05 – 11:30	DR. MARTA KOCH	PUBLISHING IN THE AGE OF AI: A JOURNAL EDITOR’S PERSPECTIVE
11:30 – 11:55	PROF. OMAR ALBAGHA	BEYOND TRADITIONAL MEDICINE: GENETIC LANDSCAPES OF DIABETES IN QATAR
SESSION 3: INDUSTRY SYMPOSIUM – NOVO NORDISK CO MODERATORS: DR. NAELA AL MAZEEDI		
11:55 – 12:25	DR. AHMAD ISMAIL	WEGOVY®: WEIGHT LOSS WITH CARDIOMETABOLIC IMPACT
12:25 – 13:25	LUNCH BREAK	



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CONFERENCE PROGRAM

DAY 2 – SATURDAY, JANUARY 10, 2026

TIME	SPEAKER	PROGRAM DETAILS
SESSION 4: EMERGING THERAPEUTICS IN DIABETES		
MODERATOR: DR. MOHAMED SHEHAB		
13:25 – 13:50	PROF. KAMLESH KHUNTI	OVERCOMING CLINICAL INERTIA: STRATEGIES FOR EFFECTIVE DIABETES MANAGEMENT
13:50 – 14:15	DR. JERRY COLCA	NEXT-GENERATION INSULIN SENSITIZERS: TRANSFORMING DIABETES CARE
14:15 – 14:40	DR. MOHAMED HASSANEIN	DIABETES MANAGEMENT DURING RAMADAN: BALANCING FAITH AND HEALTH
14:40 – 15:00	BREAK	
SESSION 5: AUTOIMMUNE DIABETES		
MODERATORS: DR. HESSA ALKANDARI & DR. AMMIRA AKIL		
15:00 – 15:25	PROF. JOHN TODD	GENETICS TO CLINIC IN AUTOIMMUNE DIABETES
15:25 – 15:50	PROF. RAFFAELLA BUZZETTI	LATENT AUTOIMMUNE DIABETES IN ADULTS (LADA): DIAGNOSIS AND MANAGEMENT
15:50 – 16:15	PROF. PAOLO POZZILLI	ADVANCES IN TYPE 1 DIABETES: AUTOIMMUNE THERAPIES AND BEYOND
16:15 – 16:40	BREAK	
SESSION 6: CASE-BASED WORKSHOP – DIABETIC FOOT MANAGEMENT AND LIMB PRESERVATION (TWO TO THREE CASES WITH 5 MIN CASE PRESENTATION AND 10 MIN DISCUSSION)		
16:15 – 17:15	FACULTY PANEL (PROF. ANDREW BOULTON, PROF. ROBERT FRYKBERG) CHAired BY PROF. RAYAZ MALIK)	INTERACTIVE CASE DISCUSSIONS FOCUSED ON DIABETIC FOOT MANAGEMENT CASES COVER NEUROPATHY ASSESSMENT, ULCER TREATMENT, INFECTION MANAGEMENT, CHARCOT FOOT, AND LIMB SALVAGE STRATEGIES TO REINFORCE THE SPOTLIGHT THEME.
17:15-17:30	PROF. FAHD AL-MULLA	CLOSING REMARKS